

No.B.13021/101/2020-DMR/Vol-II
GOVERNMENT OF MIZORAM
DISASTER MANAGEMENT & REHABILITATION DEPARTMENT

Aizawl, the 30th of September, 2020

ORDER

Whereas, the Mizoram State Disaster Management Authority has reopened more activities in areas outside containment zones vide this Department's Unlock 3.0 Order of even No. dated 31.08.2020, and the State Executive Committee, with the consent of the Chairman, State Disaster Management Authority, Mizoram, has decided to enhance the relaxation;

And whereas, the reopening of more activities will result in increased movement of people and hence, it is felt necessary to continue with the imposition of certain safeguards and measures for the containment of COVID-19 outbreak thereby preventing its further spread;

Now therefore, the undersigned, in his capacity as the Chairman, State Executive Committee, and in exercise of the powers conferred by Section 22(2)(h) & 24(l) of the Disaster Management Act, 2005, hereby orders that the unlock measures appended hereto shall be implemented within Mizoram with effect from 00:00 hours of 01.10.2020 till 23:59 hours of 31.10.2020.

Sd/- LALNUNMAWIA CHUAUNGO

Chief Secretary, Mizoram & Chairman,
State Executive Committee,
State Disaster Management Authority, Mizoram.

Memo No.B.13021/101/2020-DMR/Vol-II : Aizawl, the 30th of September, 2020

Copy to:

1. Secretary to the Governor, Mizoram.
2. P.S. to Chief Minister, Mizoram for information.
3. P.S. to Deputy Chief Minister, Mizoram
4. P.S. to Speaker, Mizoram
5. P.S. to all Ministers/Vice-Chairman, State Planning Board/Ministers of State/Deputy Speaker/Deputy Govt. Chief Whip, Mizoram.
6. Home Secretary, Government of India, North Block, New Delhi.
7. Sr P.P.S to Chief Secretary, Government of Mizoram.
8. P.S. to Addl. Chief Secretary, Government of Mizoram.
9. All Principal Secretaries/Commissioners/Secretaries, Govt. of Mizoram.
10. Director General of Police, Mizoram.
11. Commissioner & Secretary, Mizoram Legislative Assembly.
12. All Administrative Heads of Departments, Government of Mizoram.
13. Secretary of all Constitutional & Statutory Bodies, Mizoram.
14. All Head of Departments, Government of Mizoram.
15. All Deputy Commissioners, Mizoram.
16. All District Superintendents of Police, Mizoram.
17. Executive Secretary, LADC/MADC/CADC
18. Superintendent of Police, Traffic, Aizawl.
19. Director, I&PR for wide publicity.
20. Controller, Printing & Stationery with 5 (five) spare copies for publication in the Mizoram Gazette.
21. Guard File.



(Dr. MALSAWMTLUANGA FANCHUN)

Under Secretary to the Govt. of Mizoram

 Disaster Management & Rehabilitation Department.

The following guidelines shall be in force with effect from 01.10.2020 to 31.10.2020, superseding all previous lockdown and unlock measures issued by the Government.

I. MEASURES TO BE ENFORCED THROUGHOUT MIZORAM

A. Inter-State and international borders

1. Entry points at Bairabi, Kanhmun, Khawkawn, Vairengte and Zokhawthar shall remain open for movement of goods and passenger vehicles
2. Lengpui airport shall remain open. However, landing of commercial passenger flights shall be regulated by General Administration Department (Civil Aviation Wing), Government of Mizoram, with due consultation with the airlines operating to and fro Lengpui airport.

B. Quarantine and Screening of persons entering Mizoram

1. All persons entering the State shall continue to be screened at the screening points and quarantined at designated quarantine facilities.
2. As all persons entering Mizoram are to undergo mandatory quarantine, prior registration on mPASS-flight or mPASS-road in mCOVID-19 mobile application before arrival is necessary to enable proper arrangements for quarantine.
3. The protocols and guidelines issued by Health & Family Welfare Department will be followed for quarantine of all persons entering Mizoram.
4. Cost of accommodation, food and medical test will be governed by notifications No.B.13021/101/2020-DMR/Pt-III dated 20.07.2020 and No.B.13021/187/2020-DMR dated 25.07.2020 of Disaster Management & Rehabilitation Department.

C. Government office and other offices

1. All offices under the State Government of Mizoram shall continue to remain open. In order to ensure uninterrupted functioning of offices, the Administrative Heads of Department/ Heads of Department or the Heads of offices, as the case may be, shall make appropriate arrangements. The following guidelines shall be enforced in all offices:

- a) It shall be the duty of all Heads of Departments/Heads of Offices to strictly enforce social distancing norms.
 - b) Heads of Departments/Heads of Offices shall be responsible for the general hygiene, cleanliness and sanitation of their office. They should ensure availability of hand washing facilities for staff, including soap/handwash and sanitizer in their respective offices. Further, provision for hand washing or hand sanitizing should be made at the entrance of offices and hand washing shall be mandatory for any person entering the office buildings.
 - c) No visitor should be allowed entry without prior appointment. It will also be mandatory for visitors to wear face masks throughout the duration of their visit.
 - d) Office buildings and premises shall be disinfected regularly.
 - e) Office staff having underlying health problems and pregnant women may be granted commuted leave.
 - f) Meetings should not be convened unless essential. If a wider consultation or discussion is necessary, video conferencing and other mode of communications may be utilised.
 - g) E-mail and other electronic interfaces may be used for communicating with other departments and offices.
 - h) All offices and government departments shall endeavour to develop online system for delivery of public service and online payment of bills.
2. Any other private offices and establishments should also follow the aforementioned guidelines prescribed at 1(a) to (h).
 3. Public interview for Ministers shall continue to be suspended until further orders.

D. Restrictions for the general public

1. In all district headquarters, movement of individuals between **8:00 PM** to **4:30 AM** is prohibited. District Magistrates shall issue prohibitory orders under Section 144 of CrPC in this regard.
2. In all district headquarters, assembly of more than 5 (five) persons without permission is prohibited. All District Magistrates shall issue prohibitory orders under Section 144 of CrPC in this regard.
3. Persons above 65 years of age, person having comorbidities (respiratory problems, HIV+ve, diabetes, renal problems, heart problems, etc), pregnant women and children below 10 years of age must remain indoors within their homes unless unavoidable. Moreover, it shall be the obligation of every family to make arrangement for the safety of these vulnerable groups. The Standard

Operating Procedure issued by H&FW Department (**Attachment-I**) shall be followed scrupulously.

4. Face masks are essential tools in protecting oneself and others and hence, it must be worn when in the company of others. Therefore, wearing face masks in public places (public gatherings, shops, offices, hospitals, clinics, etc) is mandatory.
5. Social distance of at least 2 (two) metres must be maintained in all public places and shops/commercial establishments.
6. No person shall have house guests from outside the State unless such person(s) has/have completed the mandatory period of quarantine.

E. Travel and movement of people

Commercial passenger vehicles plying within the State and city/town buses, taxis, auto rickshaws and two-wheeler taxis shall not carry passengers in excess of the seating capacity as recorded in their registration certificates. All drivers and passengers shall wear face masks, and hand sanitizers for use by the passengers must be made available in the vehicles. The compliance of these rules shall be the duty and responsibility of the driver/conductor. Drivers/conductors shall regularly sanitize the seats, door handles and passenger compartment of their vehicles.

F. Educational, Religious institutions and Public places

1. Online distance learning shall continue to be implemented in Schools, colleges, educational and coaching institutions. In areas outside containment zones, students of class-IX to class-XII shall be allowed to attend school with the written consent of their parents. To cater to the needs of the students, 50% of the teachers and non-teaching staff of each school are allowed to attend the school. Students and teachers attending the school shall comply with the Standard Operating Procedure issued by Ministry of Health & Family Welfare (MoHFW) - **Attachment-II**, and it shall be duty and responsibility of the school authorities to enforce the compliance of the SOP.
2. Industrial Training Institutes (ITIs) and other training institutes registered as Short Term Training Centre under the National Skill Development Corporation or under the Central or State Government shall be permitted to open. These institutes shall, however, strictly follow the Standard Operating Procedure issued by the MoHFW (**Attachment-III**). Further, these SOPs shall be widely publicized by these institutions and it shall be their duty to strictly enforce the same.

3. Privately run skill/ entrepreneurship training institutes (music, computer, tailoring, etc) shall be allowed to open subject to the approval of the concerned Deputy Commissioner after due verification of the facilities of such institutes. Further, these institutes shall mandatorily give in writing their assurance for compliance of social distancing norms.
4. All community worship services involving large congregation of people will continue to be prohibited in all places of worship. However, an assembly of not more than 50 persons is permitted in morning prayer service and committee meetings.
5. Organizing of games and sports tournament for spectators is prohibited. However, practice of games and sports with not more than 25 (twenty five) persons and without spectators is permitted.
6. Cinema halls, auditorium, community hall, swimming pools, entertainment parks and similar places will continue to remain closed.
7. At funeral services, laying of memorial stones (lungphun), wedding services and marriage receptions, anniversaries, associations meetings and other functions, gatherings of not more than 50 (fifty) persons is allowed. Attendance register for recording names, address, phone number and time of visit/entry shall be maintained by the host.
8. At funeral services, the following measures stipulated by the State Government's order No.B.13021/101/2020-DMR/Pt-III dated 13.08.2020 shall be strictly observed:
 - a) Assembly of more than 50 persons is prohibited. In case of attendance on behalf of association/groups, only two representatives shall be allowed.
 - b) To ensure social distancing, church/ community hall or other convenient large halls should be used for conducting funeral services. To this end, the church where the deceased is a member and the concerned YMA/YLA/MTP/YCA or the LLTF/VLTF will make arrangements.
 - c) An arrangement for recording names, address, telephone number and time of entry/visit of all persons attending the funeral should be made by the concerned YMA/YLA/MTP/YCA or the LLTF/VLTF.
 - d) Mass singing is prohibited at funerals and other congregations.
 - e) It is advisable to appoint persons of younger age who are healthy to perform the rites at funerals.
 - f) Old and infirm persons having comorbidities should refrain from attending funerals.
 - g) Distribution of refreshments at funerals is prohibited.

- h) All persons attending funerals and other mass function should mandatorily wear face masks.

G. Transportation of Goods

1. All persons transporting goods and commodities from outside the state must submit a declaration through the **mPASS** link of **mCOVID-19** mobile application.
2. All drivers and handymen engaged in inter-state transportation of goods must register themselves on **Arogya Setu** mobile application.
3. All drivers and handymen of Mizoram engaged in inter-state transportation of goods shall operate without coming into close contact with anyone, for which temporary accomodation will be arranged by their employer for the period of their operation. They will be permitted to come into contact with others only after they are tested negative for COVID-19 or after completion of 14 (fourteen) days of quarantine counting from the date of their return from the last trip outside the State.
4. Drivers and handymen engaged in transportation of goods who are based outside the state shall continue the practice of cooking their food on the highways on the outskirts of settlement areas. They will not be permitted to mingle with the general public and shall depart as soon as unloading of goods is completed. During unloading of their goods, they will remain inside their vehicles.
5. Drivers and handymen mentioned above may contact the State Control Room (Toll free 1070, landline 0389-2342520, mobile 7629072785 and whatsapp 9366331931) in case they require assistance or face any problems enroute.

H. Shops and business establishments

1. In markets, shops, petrol pump/filling stations and other business establishment, the enforcement of social distancing shall be the responsibility of the owner/managers. LLTFs/VLTFs must also take steps to ensure adherence to these norms within their respective areas of operation.
 - a) All shoppers and shopkeepers shall mandatorily wear face masks.
 - b) Shopkeepers shall strictly maintain cleanliness and hygiene, particularly hand washing frequently.
 - c) Not more than 3 (three) persons shall man a shop. However, in case of wholesale stores and departmental stores, upto 6 (six) persons may attend the stores/shops depending upon the

manpower requirement. The limit may be prescribed by the concerned LLTF.

- d) Visitors Register for recording names, address and contact number shall be maintained by all shops and business establishments.
 - e) It shall be the responsibility of the shopkeeper/owner to make arrangement for queuing in order to maintain social distancing for the customers. A minimum of two metres distance should be maintained within and around the shop.
 - f) Entry of persons inside the shops should be avoided unless it is unavoidable.
 - g) Cashless transaction should be encouraged.
2. Gym, beauty parlours, hair cutting salons/barber shops and spas must regularly sanitize their equipments and instruments. Details of all customers including names, addresses, contact number and time of visit must be recorded in a register. Only upto 10 persons should be allowed at one time in these establishments, and arrangement should be made by the owners so as to ensure social distancing for the customers.
 3. All shops (excluding pharmacies) shall be closed by 7:00 PM.
 4. Farmers, farm workers and attendants shall avoid working in close proximity with each other in their respective work places.
 5. To facilitate easy access to fruits, vegetables and grocery items, the concerned LLTFs/VLTFs shall make necessary arrangement for organizing selling points within their respective areas, and they shall ensure that vendors are seated at a distance of not less than 2 metres. In order to avoid gathering of large crowds on Saturday markets, LLTFs/VLTFs shall organize market days at least thrice a week.

II. MOVEMENT OF VEHICLES WITHIN AIZAWL MUNICIPAL AREA

1. Within the Aizawl Municipal Area, the arrangement made by the Superintendent of Police (Traffic) vide Notification No.RO/TRF/Sp-Noti-7/08/514 dated 31.07.2020 (Annexure) shall apply. However, the timing for vehicular traffic will be from 9:00 AM to 4:30 PM from 12.10.2020, and the Superintendent of Police (Traffic) will issue a new notification in this regard.
2. There shall be no vehicular movement on Sunday.
3. In case of medical emergency and death, LLTFs may grant permission for vehicle movement of the immediate family and close relatives.

4. In case of any other exigencies, exemption from vehicular movement restriction shall be obtained from Superintendent of Police (Traffic). The permission may be applied online through mCOVID-19 mobile application or at the website <https://mccovid-19.mizoram.gov.in>.

III. DECLARATION OF CONTAINMENT AREA/ZONE:

1. No other authority, except the Chief Secretary and the Deputy Commissioners, who are empowered to declare containment zones/areas by the Mizoram Epidemic Diseases(COVID-19) Regulation, 2020, shall declare containment zones/areas lockdown within a particular area/locality.
2. Deputy Commissioners may declare containment zones/area within their respective Districts, if necessary, after undertaking proper risk assessment.
3. Within such containment zones, orders and restrictions imposed by the respective Deputy Commissioners shall be strictly enforced.
4. The State Government may declare lockdown outside containment areas/zones, if necessary, after due consultation with the Ministry of Home Affairs.

IV. SCREENING, TESTING, QUARANTINE AND TREATMENT OF COVID-19 PATIENT

COVID-19 testing of quarantined inmates and positive persons and the general management and disinfection protocols of COVID Care Centre, Dedicated COVID Health Centre and Dedicated COVID Hospital will be in accordance with Health & Family Welfare Department's guidelines, as revised from time to time after taking into consideration the prevailing situation.

PENAL PROVISIONS

Any violation of these measures will be liable for prosecution as per the provisions of Section 51 to Section 60 of the Disaster Management Act, 2005, besides legal action under Section 188 of the IPC and other legal provisions as applicable.

The Government may revise and modify these provisions, if necessary.



(LALNUNMAWIA CHUAUNGO)

Chief Secretary & Chairman

State Executive Committee

Mizoram State Disaster Management Authority

Department of Health & Family Welfare, Govt of Mizoram
Covid-19 kara Kum Upate leh Natna benvawn neite (High Risk Group) te fimkhur dan tur
(Sept 2020)

Kum Upate leh natna benvawn vei ho te hi an taksa a chak loh avangin **Covid an kai hma bik a**. An taksa natna dotu an tlakchham avangin covid an kai a nih chuan **an la na (serious) duh bik a**, covid avanga thi tam ber pawh kum upa leh natna benvawn lo vei sa te an ni. Taksa hrisel tha leh kum la naupangte chu an kai a nih pawhin an taksaah harsatna lian tham a thlen lo tlangpui thin. Hei vang hian kum upa leh natna benvawn veite chu **midangte aiin an fimkhur zual bik a ngai a ni**.

High Risk Group te chu :

1. Kum 60 aia upate
2. Cancer vei – a bik takin chemotherapy/radiotherapy hmanga enkawl mekte
3. Lung (heart) natna benvawn nei
4. Chuap (Lungs) natna benvawn nei – khuh benvawn, asthma etc
5. Kal (Kidney) natna benvawn nei
6. Thin (Liver) natna benvawn nei
7. Thluak lam natna benvawn nei e.g. stroke, Parkinson’s disease etc
8. Taksa dona (Immunity) nei tlem – HIV/AIDS, Transplant patients damdawi ei mek
9. Zunthlum (diabetes)
10. BP sang (hypertension)

Engtin nge High Risk Group te an fimkhur zual bik theih ang?

1. **In lamah awm** deuh chawt a, len chhuah loh a tha ber.
2. **Mi inah len loh** a, inleng pawh neih loh a him ber.
3. Lo theih lohva, midang nen kan inkawm dawn a nih chuan **kan inkarah 3 feet tal** a awm tur a ni a (duhthusam chuan 6 ft), **mask** kan vuah ve ve (theuh) tur a ni.
4. Chhungkaw member leh midangte nen kan ti ti ho dawn a nih chuan **inhlat taka thut** a, **mask** vuah ngei ngei tur a ni.
5. **Puipunnaah** te, chawei khawmnaah te, bazarah te, committee meeting naah te **kal loh** hram a tha.
6. Kan inchungah/ chhungkuaah Quarantine/Isolation lai te, covid-19 dona lama thawkte, chhuak vak nasate an awm a nih chuan an mahni nen chuan **inhnaih taka awm loh** hram tur a ni.
7. Uluk taka sahbawn leh tui hmanga **kutsil** fo tur a ni a; kutsil remchan lohnaah **hand sanitizer** hman thin tur a ni.
8. Midang kan bula an awm a nih chuan tha taka **mask** vuah thin tur a ni.
9. **Hmai, ka, hnar, mit** te kut lawngin khawih loh tur a ni.
10. **Mi khawih hnu** – chanchinbu, pawisa, lekhka, bungrua etc khawih hmain a theih chuan ‘sanitise/disinfect’ ni se, kan khawih zawh veleh kutfai taka sil leh zel tur a ni.
11. **In chhunga thil kan khawih zin** bik – kawngkhar vawna, tui herh haw-na, dawhkan, kawngkhar etc chu a khat tawka tihfai thin tur a ni.
12. Midangte nen **zai ho loh** tur a ni.

- 13 **Khuh leh hahchhiau** dawnin tissue paper/rawmawlin emaw ka hup tur a ni a, a remchan loh chuan kan ban thlep (kiu chunglam) phenah chauh kan khuh/hahchhiau tur a ni.

High Risk Group te'n Taksa leh rilru hrisel nan engte nge an tih ang?

1. **Rilru hlim takin** awm tum hram hram ang che.
2. Vawikhatah rei tak tak thutthlengah, TV hmaah emaw, I phone khalin emaw **thu/mu reng lo la**, a khat tawkin dingin **vei kual thin** ang che.
3. **Taksa chet tam** a pawimawh a, a remchan ang angin **exercise** lak thin tur a ni. Nikhata exercise lak chu belhkhawmin **30 mins** a tling tur a ni a, mahni tlin tawh ang zela lak thin tur a ni.
4. **Ei leh In hrisel** a pawimawh a. Ei luat a hlauhawm a, ei insum leh lutuk a tha lo bawh. I taksa mamawh tawh ei thin la, thlai leh thei ei uar rawh. Sa te, mawm leh thaute, thil al (chi) te, thil thlumte insum ang che. Tui in tam a pawimawh bawh. Natna do nan protein lam – sa ti var, sangha, artui var lai, rajma, dal, be, tofu a tha a; thlai leh thei lam a pawimawh bawh. Vawikhatah chaw ei teuh teuh lovin, ei zina ei tlem a tha zawk.
5. Hahdam takin awm la, **mahni nuam tihzawng (hobby)** – music, lekhhabu chhiar, painting etc tih nan hun hmang ang che.
6. **Tawngtaina** hunte, meditation tihna hunte hman thin hi hrisel nan pawh a tha.
7. Phone leh thildang hmangin **thiante, chungte nen inbiak fo** a tha.
8. Social media ah te, TV news ah te **Covid lampang news leh chanchin en tlem** rawh. Chanchin dik lo mi tam takin an thehdarh thin tih hria la, chung lakah chuan inthiarfihlim a tha.
9. I **damdawi** mamawh tur thla hnih daih tal khawh khawm thin ang che.
10. **Harsatna I neih palh a I phone tur** – Emergency number te, Helpline te, doctor I rawntheih tur number te nei sa vek la. I phone ah awlsamte a hmuh turin dah la, ziakin tar bawh ang che.
11. Loh theih loh ah lo chuan **Damdawi ina kal loh** hi a him ber a, mahse a tul viau chuan fimkhur taka kal mai tur a ni.
12. **'E-Sanjeevani OPD'** app hmangin kan phone atangin mahni in atanga doctor specialist te rawn theih turin Mizoram sorkar chuan ruahmanna a siam a. He e-Sanjeevani-OPD app hi download la, a hman dan I chhungte inzirtir ang che.
13. Insawiselna leh harsatna I neih chuan **Covid Helpline (No. 102/ 0389-2323336/ 0389-2322336/ 0389-2318336)** ah phone la, an lo tanpui thei bawh ang che.
14. Rilru hah ngawih ngawih te, lungngaih riaute, hlauhna reh mai lo te I nei a nih chuan Helpline emaw I doctor emaw **Counseling** lama tanpui theitu tur che rawn ang che.
15. Thingtlang lama awmte tan min bialtu **Health Worker/ASHA** te hming leh number neih a tha.
- 16 **Meizuk, vaihlo, zu lakah fihlim** ang che.

8th September, 2020

Government of India
Ministry of Health & Family Welfare
Directorate General of Health Services
(EMR Division)

SOP for partial reopening of Schools for students of 9th to 12th classes on a voluntary basis, for taking guidance from their teachers: In the context of COVID-19

1. Background

Government of India is following a phase-wise unlocking of activities. In days to come, this would also involve partial resumption of activities in schools for students of classes 9th to 12th on a voluntary basis, for taking guidance from their teachers. This would be allowed from 21st September 2020.

2. Scope

This SOP outlines various generic precautionary measures to be adopted in addition to specific measures to be taken when schools are permitting students (for 9th to 12th class) in the specific context detailed at para-1 above, to prevent spread of COVID-19. All States/UTs are expected to comply with the COVID-19 related guidelines issued by Ministry of Home Affairs and Ministry of Health & Family Welfare.

3. Generic Preventive Measures

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19. These measures need to be observed by all (teachers, employees and students) in these places at all times.

These include:

- i. Physical distancing of at least 6 feet to be followed as far as feasible.
- ii. Use of face covers/masks to be made mandatory.
- iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
- iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- v. Self-monitoring of health by all and reporting any illness at the earliest.
- vi. Spitting shall be strictly prohibited.
- vii. Installation & use of Aarogya Setu App may be advised wherever feasible.

4. All schools (with classes IX to XII) shall specifically ensure the following arrangements

- i. Online/distance learning shall continue to be permitted and shall be encouraged.
- ii. Students of class 9th to 12th shall be permitted to visit their school on voluntary basis for taking guidance from their teachers. This will be subject to written consent of their parents/guardians. Such visits and teacher – student interaction must be organized in a staggered manner.

4.1 Before opening up of the school

a) Planning of reopening of school

- i. School outside the containment zones only shall be allowed to open. Further, students, teachers and employees living in containment zones will not be allowed to attend the school. Students, teachers and employees shall also be advised not to visit areas falling within containment zones.
- ii. Prior to resumption of activities, all work areas intended for teaching/demonstrations etc., including laboratories, other common utility areas shall be sanitized with 1% sodium hypochlorite solution, with particular attention to frequently touched surfaces.
- iii. Schools that were used as quarantine centres will be properly sanitized and deep cleaned before partial functioning is resumed. Guidelines issued by Ministry of Health & Family Welfare for disinfection of common public places including offices may be referred to in this regard)
(<https://www.mohfw.gov.in/pdf/Guidelinesondisinfectionofcommonpublicplacesincludingoffices.pdf>)
- iv. The concerned teaching and non-teaching employees (up to 50 % of the strength) may be called to schools for online teaching/tele-counselling and related work.
- v. Students from class 9th to 12th will have the option of attending the classes remotely/virtually or physically only on a voluntary basis for guidance from their teachers subject to written permission of parent / guardian.
- vi. Instead of biometric attendance alternate arrangements for contactless attendance shall be made by the school administration.
- vii. At all times, the teachers and students shall maintain a physical distancing of 6 feet apart, wherever feasible. Scheduling of activities and seating plan shall be made accordingly.
- viii. Ensure hand washing facilities along with provision of soap.
- ix. For ensuring queue management, inside and outside the premises, specific markings on the floor with a gap of 6 feet may be made. Similarly, physical distancing shall also be maintained in staff rooms, office areas (including reception area), and other places (mess, libraries, cafeterias, etc.)
- x. Weather permitting, outdoor spaces may be utilized for conducting teacher student interactions, keeping in view the safety and security of students and physical distancing protocols.

- xi. Assemblies, sports and events that can lead to overcrowding are strictly prohibited.
- xii. The school should display State helpline numbers and also numbers of local health authorities etc. to teachers /students / employees to contact in case of any emergency.
- xiii. For air-conditioning/ventilation, the guidelines of CPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30° C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be adequate.
- xiv. Lockers of students will remain in use, as long as physical distancing and regular disinfection is maintained.
- xv. Gymnasiums shall follow MoHFW guidelines (available at: <https://www.mohfw.gov.in/pdf/Guidelinesonyogainstitutesandgymnasiums03082020.pdf>).
- xvi. Swimming Pool (wherever applicable) shall remain closed.

b) Planning and scheduling of activities

All employees who are at higher risk i.e. older employees, pregnant employees and employees who have underlying medical conditions to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the students.

iGOT online modules training course on 'basic awareness on COVID' (https://diksha.gov.in/igot/explore-course/course/do_313010389971255296164) may be undertaken by all employee and students during online interactions or guidance sessions on the first day.

c) Availability and management of supplies

- i. Appropriate back-up stock of personal protection items like face covers/masks, visors, hand sanitizers etc. shall be made available by management to the teachers and employee.
- ii. Provide an adequate supply of thermal guns, alcohol wipes or 1% sodium hypochlorite solutions and disposable paper towels, soap, IEC materials on COVID.
- iii. Pulse oximeter to check oxygen saturation levels of any symptomatic person must be arranged.
- iv. Ensure availability of sufficient covered dustbins and trash cans
- v. Provision for proper disposal of used personal protective items and general waste in accordance with CPCB guidelines (available at: https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID_1.pdf)
- vi. Housekeeping employee to be informed & trained about norms for waste management & disposal

4.2 After opening of the schools

a) At the entry point

- i. Entrance to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions. Multiple gates/separate gates, if feasible, should be used for entry and exit.

- ii. Only asymptomatic persons (teachers, employees and students) to be allowed in the premises. If a teacher/employee/student is found to be symptomatic, he/she should be referred to nearest health center.
- iii. Posters/standees on preventive measures about COVID-19 to be displayed prominently.
- iv. Proper crowd management in the parking lots, in corridors and in elevators – duly following physical distancing norms shall be organized.
- v. Entry of visitors should be strictly regulated/restricted.

b) Conduct of guidance activities in the rooms or open spaces within the school campus

- i. Seating arrangement to ensure a distance of 6 feet between chairs, desks etc.
- ii. Staggering of guidance activities to be done, with separate timing slots, to allow for adequate physical distancing and disinfection of classroom premises
- iii. The teaching faculty will ensure that they themselves and students wear masks throughout the conduct of the teaching/guidance activities.
- iv. Sharing of items like notebook, pens/pencil, eraser, water bottle etc. amongst students should not be allowed.

c) Conduct of skill based training in workshops/laboratories

- i. For practical activities in laboratories maximum capacity per session based on redesigned spaces, may be planned and scheduled accordingly.
- ii. Ensure that the equipments have been disinfected, particularly the frequently touched surfaces before and after each use.
- iii. Ensure a floor area of 4m² per person is available for working on equipment/work station.
- iv. Ensure that members sanitize their hands before and after using training equipment. For such purpose hand sanitizer should be provided at workstations/simulation labs etc.

d) Activities in common areas – library, mess/canteen, common rooms, gymnasium etc.

- i. Physical distancing of 6 feet needs to be maintained
- ii. Persons using the common areas need to use mask/face cover all the time
- iii. Cafeteria/mess facility, if any within the premises, shall remain closed.

e) Transportation to and from the institution

If transportation facility is being managed by the school, proper physical distancing, sanitization of buses/other transport vehicles (with 1% sodium hypochlorite) shall be ensured.

5. Hygiene and Sanitation

- i. Daily cleaning of the floors shall be taken up.
- ii. Provision of soap in toilets and hand sanitizers in other common areas in sufficient quantity must be ensured.
- iii. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, chairs, benches, washroom fixtures, etc.) to be made

mandatory in all class rooms, laboratories, lockers, parking areas, other common areas etc. before beginning of classes and at the end of the day.

- iv. Teaching materials, computers, laptops, printers, shall be disinfected with 70% alcohol wipes.
- v. Deep cleaning of all drinking and hand washing stations, washrooms and lavatories shall be ensured.
- vi. Students and employee should be advised to dispose of used face covers / masks in separate covered bins placed in classrooms, work stations and other common areas. The same may remain stored in the bins for 3 days and disposed of as dry general solid waste after cutting/shredding.
- vii. Students should not be involved in any of the cleaning activities for health safety reasons.

6. Risk Communication

- i. Create awareness to ensure the students do not gather when leaving the school and in their free time.
- ii. Sensitize students, parents, teachers and employees to create awareness on COVID appropriate behavior, as detailed under generic measures above.
- iii. If a student, teacher or employee is sick, they should not come to the school and follow necessary protocols in this regard.

7. Psycho-social wellbeing

- i. Ensure regular counselling is done for students and teachers reporting mental health issues such as anxiety and depression.
- ii. It is advisable that teachers, school counsellors and school health workers should work in unison to ensure emotional safety of the students.

8. SOP to be followed in case a student/teacher/employee develops symptoms (fever, cough, difficulty in breathing)

- i. Place the ill person in a room or area where they are isolated from others.
- ii. Inform parents/guardians as the case may be.
- iii. Patient will remain isolated while wearing a mask/face cover till such time they are examined by a doctor.
- iv. Immediately inform the nearest medical facility (hospital/clinic) or call the state or district helpline.
- v. A risk assessment shall be undertaken by the designated public health authority (district RRT/treating physician) and accordingly further action be initiated regarding management of case, their contacts and need for disinfection.
- vi. Disinfection of the premises to be taken up if the person is found positive.

Government of India
Ministry of Health & Family Welfare
Directorate General of Health Services
(EMR Division)

SOP on preventive measures to contain spread of COVID-19 in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work.

1. Background

Government of India is following a phase-wise unlocking of activities. In days to come, this would also involve resumption of activities in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work.

2. Scope

This SOP aims to enable safe resumption of teaching/ training activities in skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies in technical & professional programs requiring laboratory /experimental work.

As far as **skill or entrepreneurship training** is concerned the same shall be permitted in national skill training institutes, industrial training institutes, short term training centres registered with National Skill Development Corporation or State Skill Development Missions or other Ministries of Government of India or State government, National Institute for Entrepreneurship and Small Business Development (NIESBUD), Indian Institute of Entrepreneurship (IIE), and their training providers.

Similarly, for Higher Educational Institutions conducting PhD or technical and professional programs requiring laboratory / experimental works will be permitted by Department of Higher Education in consultation with Ministry of Home Affairs (MHA).

This SOP outlines various generic precautionary measures to be adopted in addition to specific measures to be taken at these institutes to prevent spread of COVID-19.

3. Generic Preventive Measures

The generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID-19. These measures need to be observed by all (faculty, employees, students and visitors) in these places at all times.

These include:

- i. Physical distancing of at least 6 feet to be followed as far as feasible.
- ii. Use of face covers/masks to be made mandatory.
- iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.

- iv. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
- v. Self-monitoring of health by all and reporting any illness at the earliest.
- vi. Spitting shall be strictly prohibited.
- vii. Installation & use of Aarogya Setu App shall be advised wherever feasible.

4. All Institutions conducting skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies shall specifically ensure the following arrangements

- i. Online/distance learning shall continue to be permitted and shall be encouraged.
- ii. Skill or entrepreneurship training will be permitted with effect from 21st September 2020
- iii. Higher educational institutions conducting PhD or technical and professional programs requiring laboratory / experimental works will be permitted by Department of Higher Education in consultation with MHA strictly following guidelines as indicated in the SOP.

4.1 Before opening up of the institution

a) Planning of reopening of institutions

- i. The institutions conducting skill or entrepreneurship training institutions, higher educational institutions conducting doctoral courses and post graduate studies shall only be allowed to open if they are outside the containment zones. Further, students and staff living in containment zones will not be allowed to attend the Institution. Students and staff shall also be advised not to visit areas falling within containment zones.
- ii. Prior to resumption of activities, all work areas intended for conduct of skill or entrepreneurship training, doctoral courses and post graduate studies including hostels, laboratories, other common utility areas shall be sanitized with 1% sodium hypochlorite solution, with particular attention to frequently touched surfaces.
- iii. Wherever skill based training on equipments are envisaged to be utilized, place the equipment 6 feet apart, wherever feasible, to facilitate physical distancing. Similarly, utilize any outdoor space by relocating equipment outside like in verandah, courtyard, shed, etc.
- iv. Instead of biometric attendance alternate arrangements for contactless attendance may be made.
- v. For ensuring queue management, inside and outside the premises, specific markings on the floor with a gap of 6 feet may be made and be adhered to.
- vi. The institute should display State helpline numbers and also numbers of local health authorities etc. to faculty /trainees / staff to contact in case of any emergency.
- vii. For air-conditioning/ventilation, the guidelines of CPWD shall be followed which emphasizes that the temperature setting of all air conditioning devices should be in the range of 24-30° C, relative humidity should be in the range of 40-70%, intake of fresh air should be as much as possible and cross ventilation should be there.
- viii. Lockers of students will remain in use, as long as physical distancing and regular disinfection is maintained.
- ix. Gymnasiums shall follow MoHFW guidelines (available at: (<https://www.mohfw.gov.in/pdf/Guidelinesonyogainstitutesandgymnasiums03082020.pdf>).
- x. Swimming Pool (wherever applicable) shall remain closed.
- xi. Prominently display signages, posters and standees must indicate the dos and don'ts for the staff and students.

b) Planning and scheduling of activities

- i. The academic calendar shall be planned with a view to avoid overcrowding, congregation etc. As far as possible, the academic calendar should promote a mix of regular classes and online teaching/training, assessments
- ii. The day-wise, time-wise scheduling of teaching/training activities may be done in a staggered manner so as to avoid overcrowding at any one location on any day.
- iii. For practical activities in laboratories maximum capacity per session based on redesigned spaces, may be planned and scheduled accordingly.
- iv. All employees who are at higher risk i.e. older employees, pregnant employees and employees who have underlying medical conditions to take extra precautions. They should preferably not be exposed to any front-line work requiring direct contact with the students.

c) Availability and management of supplies

- i. Appropriate back-up stock of personal protection items like face covers/masks, visors, hand sanitizers etc. shall be made available by management to the teachers and staff.
- ii. Provide an adequate supply of thermal guns, alcohol wipes or 1% sodium hypochlorite solutions and disposable paper towels, soap, IEC materials on COVID.
- iii. Pulse oximeter to check oxygen saturation levels of any symptomatic person must be arranged.
- iv. Ensure availability of sufficient covered dustbins and trash cans
- v. Provision for proper disposal of used personal protection items and general waste in accordance with CPCB guidelines (available at: https://cpcb.nic.in/uploads/Projects/Bio-Medical-Waste/BMW-GUIDELINES-COVID_1.pdf)
- vi. Housekeeping staff to be informed & trained about norms for waste management & disposal

4.2 After opening of the teaching/training institutions

a) At the entry point

- i. Entrance to have mandatory hand hygiene (sanitizer dispenser) and thermal screening provisions. Multiple gates/separate gates, if feasible, should be used for entry and exit while maintaining physical distancing norms.
- ii. Only asymptomatic persons (faculty, employees, students and visitors) to be allowed in the premises. If a faculty/employee/student/visitor is found to be symptomatic, he/she should be referred to nearest health center.
- iii. Posters/standees on preventive measures about COVID-19 to be displayed prominently.
- iv. Proper crowd management in the parking lots, in corridors and in elevators – duly following physical distancing norms shall be organized.
- v. Entry of visitors should be strictly regulated/restricted.

b) Conduct of teaching activities in the classrooms

- i. Seating arrangement to ensure a distance of 6 feet between chairs, desks etc.

- ii. Staggering of classroom activities to be done, with separate timing slots, to allow for adequate physical distancing and disinfection of classroom premises
 - iii. Academic scheduling should have intermix of regular classroom teaching and online teaching/assessments
 - iv. The teaching faculty will ensure that they themselves as well as the students wear masks throughout the conduct of the teaching activities
 - v. Sharing of items like laptops, notebook, stationary etc. amongst students should not be allowed.
- c) Conduct of skill based training in workshops/laboratories**
- i. Ensure that the equipment has been disinfected, particularly the frequently touched surfaces before each use
 - ii. Ensure a floor area of 4m² per person is available for working on equipment/work station
 - iii. Ensure that members sanitize their hands before and after using training equipment. For such purpose hand sanitizer should be provided at workstations/simulation labs etc.
- d) Activities in common area – library, canteen, common rooms, gymnasium, etc.**
- i. Physical distancing of 6 feet needs to be maintained
 - ii. Person using the common areas need to use mask/face cover all the time
 - iii. Canteens may remain closed as far as possible.
 - iv. Wherever applicable, avoid cash transactions and e-wallets etc may be promoted.
- e) Transportation to and from the institution**
- If transportation facility is being managed by the institution, proper physical distancing, sanitization of buses/ other transport vehicles (with 1% sodium hypochlorite) shall be ensured.

5. Hygiene and Sanitation

- i. Daily cleaning of the floors shall be taken up.
- ii. Provision of soap in toilets and hand sanitizers in other common areas in sufficient quantity must be ensured.
- iii. Cleaning and regular disinfection (using 1% sodium hypochlorite) of frequently touched surfaces (door knobs, elevator buttons, hand rails, chairs, benches, washroom fixtures, etc.) to be made mandatory in all class rooms, laboratories, lockers, parking areas, other common areas etc. before beginning of classes and at the end of the day.
- iv. Teaching materials, computers, laptops, printers, shall be regularly disinfected with 70% alcohol swipe.
- v. Deep cleaning of all drinking and hand washing stations, washrooms and lavatories shall be ensured.
- vi. Students and staff should be advised to dispose of used face covers / masks in separate covered bins placed in class rooms, work stations and other common areas. The same may remain stored in the bins for 3 days and disposed of as dry general solid waste after cutting/shredding.
- vii. Residential buildings, if any, also needs to be sanitized regularly.

6. Risk Communication

- i. Create awareness to ensure the students do not gather when leaving the institute and in their free time

- ii. Create awareness among the students to follow simple preventive health measures like hand hygiene, respiratory hygiene, physical distancing and wearing of masks.
 - iii. Ensure regular counselling is done for students reporting mental health issues such as anxiety and depression
 - iv. If a student, faculty or staff is sick, she/he should not come to institute and follow necessary protocols in this regard
7. **Additional considerations for medical post-graduate students needs to be ensured.**

Post-graduate medical students involved in COVID patient care and in essential non-COVID work shall familiarize themselves with the Infection Prevention and Control protocol guidelines available at: (<https://www.mohfw.gov.in/pdf//National%20Guidelines%20for%20IPC%20in%20HCF%20-%20final%281%29.pdf>) besides guidelines on rational use of Personal Protective Equipment available at : (<https://www.mohfw.gov.in/pdf/GuidelinesonrationaluseofPersonalProtectiveEquipment.pdf> and <https://www.mohfw.gov.in/pdf/UpdatedAdditionalguidelinesonrationaluseofPersonalProtectiveEquipmentsettingapproachforHealthfunctionariesworkinginnonCOVID19areas.pdf>)

8. **Ensure Safe Stay at Hostels, guest houses and other residential complexes**

The measures as proposed above related to use of mask/face cover, hand hygiene, respiratory hygiene, physical distancing norms and environmental sanitation will apply to hostels and other residential buildings.

Further, the following specific points for Hostels/guest houses/other residential complexes shall also be followed:

- i. Students who are not local residents of the city/town, or do not have any support at home, or do not have facility for on-line education may be prioritized for allotment of hostel rooms.
- ii. Since students may be coming from different locations, they shall remain in quarantine and self-monitor their health for a period of 14 days before being allowed to attend classes or as per the policy opted by the State Government for quarantine.
- iii. Screening of every boarder needs to be done before they start staying at the hostel. Only asymptomatic boarders should be allowed to join. Symptomatic boarders shall be isolated in the designated isolation facility at the institute, till such time, they are seen by a doctor.
- iv. Proper crowd management in the hostel as well as in outside premises like parking lots – duly following physical distancing norms shall be ensured. Gatherings/congregations shall continue to remain prohibited.
- v. In shared rooms/dormitories, the beds should be placed at a distance of 6 feet from each other. Temporary partitions may be considered, if feasible. Any symptomatic student should be immediately given a single room and then provided requisite medical care.
- vi. Mess facility, if any within the premises, shall follow physical distancing norms at all times. Staggering of meal timings may be done to prevent overcrowding.
- vii. Hostel should be out of bound for all persons except essential staff with known health status.

9. SOP to be followed in case a student/faculty/staff develops symptoms (fever, cough, difficulty in breathing)

- i. Place the ill person in a room or area where they are isolated from others.
- ii. Inform parents/guardians as the case may be
- iii. Patient will remain isolated while wearing a mask/face cover till such time they are examined by a doctor.
- iv. Immediately inform the nearest medical facility (hospital/clinic) or call the state or district helpline.
- v. A risk assessment shall be undertaken by the designated public health authority (district RRT/treating physician) and accordingly further action be initiated regarding management of case, their contacts and need for disinfection.
- vi. Disinfection of the premises to be taken up if the person is found positive.
- vii. If there is clustering of cases in hostel/residential building, inform local health authorities immediately.